



# Susan Bremer

Empowering Women  
with  
*Self Appeal*®



*Featured by*



**Also Featured In/Appeared On:**

- San Jose Mercury News
- San Jose Metro
- Berkeley Voice
- Oakland Tribune
- East Bay Monthly
- Business Women's Journal
- Fox Wire
- MyTV26
- KMEL
- WLW
- UC Stanislaus Panhellenic Society
- My Sexuality
- Need
- Two Blocks East of Jerome
- Gauntlet Magazine
- The Wave Magazine
- SFSU Psychology Course Reader
- Limen House Recovery Home
- Days of Hope

Susan Bremer, BA, CPC, is a dynamic and entertaining speaker who's developed her Self-Appeal Philosophy and Process to help women grow self-love and confidence. Her honest, authentic, yet gentle self-disclosure about her life-long journey to embody her physical and emotional self, inspires other women to eliminate shame and grow self-respect. Through example and experience Susan helps women love their body and speak their truth for improved relationships and greater success.

**Unconventional, Courageous, Educated**

Susan graduated from both high school, at sixteen, and technical school, the only woman among male peers, with high honors. After working as a traveling laser technician and closely with engineers and physicists for twelve years, she got sober, went into recovery, and left science to become a dancer in Gentlemen's Clubs. For more than twenty years, she's continued her education while coaching, mentoring and helping women embrace their physical body, body of thought and body of emotion.

“Susan Bremer is a marvelous addition to a community of activists and scholars who continue to strive to provide **accurate information about human sexuality and gender ...a winner by anyone's standards!**

— John P. Elia, Ph.D.

Human Sexuality Studies & Psychology, SFSU

*... a rare combination of personal candor and highly articulate expertise, ... Susan provides a **unique and invaluable perspective**....*

— Elizabeth Bernstein

Department of Sociology UC Berkeley

*Susan's presentation was very **fun, energetic and eye-opening!***

— Angie Mendoza, Producer, Coordinator  
Pathway to Confidence Camp

*Susan Bremer's presentation ... was a **highlight of the retreat** and an integral part of the women bonding and experiencing transformation.*

— Maggie Schreiber, Founder  
Women Of Wonder

*She is **inspiring, delivers with humility and humor,** and the take away was more than I hoped for.*

— Donna Versola, Founder  
Womens Success Network

Book Susan  
for your next event!

susan@SelfAppeal.com  
www.SusanBremer.com



*Susan showed up with a playful attitude and props that helped us step out of our daily roles of responsible mom and businesswoman and **tap into the shared bond we have as women....***

*We came away feeling **more connected, empowered and beautiful** in the bodies we have **ready to go out and take control of our destiny and lives.***

—Denise Ciancia,  
Health & Wealth Solutions

*Keynotes:*

**Love Your Body, Change Your Life**

You are special, strong, and sexy—know it, believe it, tap into it for life-long happiness and relationship success.

**Turn On Confidence—In the Boardroom or Bedroom**

Shut your inner critic up for greater cash, certainty and courage.

**Build Confidence, Grow Cash**

Tap into courage you already possess and learn skills that grow confidence and help you succeed.

*Workshops, Events, Retreats,  
Team Building:*

**Nourish Your Self-Appeal**

Be sexy, strong and beautiful at any size, shape or age!

**Awaken Your Feminine Muse & Embrace Your Sensual Self**

Let your inner spirit out to play for greater health, wealth and confidence.

**Self Appeal® Dance & Discovery**

Engage your wild woman for unrestrained, uninhibited creative freedom and wholeness.

Contact Susan for Customized Programs



Book Susan  
for your next event!

Susan@SelfAppeal.com  
www.SusanBremer.com

